

You can't find a woman unless you're where she is

This is a no-brainer, but do you know how many men don't get it. And women too, sometimes.

There have been some great movies about men picking up women in parks with babies or dogs. It's a bit cliché, but it actually does work. Women jog or walk for exercise in nice parks in the middle of the day. They may have a dog they walk, like me. And one of the best ways to meet a woman is to chat over a shared interest in dogs.

Now, you don't have to have a dog, but it helps. If you don't have one, then borrow your sister's. But make sure you know how to take care of it. You're not going to score brownie points if you mistreat or neglect it!

But if you haven't got a dog available, then with care, you can still achieve your goal.

It's OK to stop and laugh when you see a dog do something cute. You can then smile at the owner and say something like 'Cute dog! Yours?'

Watch the body language. I'll talk more about this in the other secrets, because it's SO important. If the woman seems worried by your comment or question, just smile with understanding and shrug 'It's OK, I'm not a predator. You don't have to look so worried. I just like dogs.' Smile and go on your way.

If she calls you back, which is a 50-50 proposition, just exchange a few words and be on your way. Drop the hint that you regularly come this way and may see her again.

If she's single, and if she likes the look of you, and feels safe, then she'll be there on the next (or possibly the following) time you run or walk.

I'm not teaching you this technique so you can prey on women. I'm teaching you how to connect with women you like and want to get to know.

For some of you, just pulling off these few lines of conversation may have you in an internal knot. That's OK. If you don't think you can pull this one off yet, then just wait and learn. You'll probably be able to, soon. Especially if you sign up for the rest of MY Secrets!

There are lots of other places you can go to find women. Join an evening class about something you find interesting that also has female appeal. I really need to stress the **something you find interesting** bit, because if you join a class that bores you witless, you'll have no chance of attracting the attention of any women there.

Art classes are always a good starting place. In fact, any creative outlet is going to attract women. You don't have to be good at the activity, but you do have to show a genuine interest.

I once met a young guy in a picture theatre. It was a middle of the day deal - something women on their own will often do. They won't go out alone to the movies at night, if they can help it. Not because they're scared, but because there's a bigger chance they'll be out of place with all the couples around them on 'dates'.

Middle of the day is for people who want to see the pic. not make it a social occasion.

Before the movie started - one that had been running some time and was therefore no longer drawing a big crowd - this guy and I were the only people in the theatre for a while. We were many rows apart and I don't remember who spoke to who first, but the conversation centred around how empty the place was and whether that was an indication the pic was no good. It was a nice conversation and I really enjoyed talking to him. He was a 'shy guy' but I'm pretty good at getting people to relax with me, so it didn't get in the way.

What was really sad is that he didn't leave the door open for meeting me again. That may have meant he wasn't interested. But I tend to think it was more about not knowing how. I want to show you how he could have furthered our connection, easily, and without making me feel like 'prey'.

It's probably better to avoid the normal 'haunts' like clubs and pubs. They're loud and dark and crowded. It's very easy to get lost in the crowd when you're a shy guy. And it's harder to practice the skills I'm going to teach you in that sort of environment. But not impossible.

To repeat, Secret 3 is: Find where your target group hangs out and then go there.

X Cara